UNITED STATES SECURITIES AND EXCHANGE COMMISSION Form 144 Filer Information Washington, D.C. 20549

Form 144

FORM 144/A NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

### 144/A: Filer Information

Filer CIK 0001537529 Filer CCC XXXXXXXX Previous Accession Number Of The Filing 0000048532-24-000003 ● LIVE ○ TEST Is this a LIVE or TEST Filing? Submission Contact Information

Name Phone E-Mail Address

### 144/A: Issuer Information

Name of Issuer	IONIS PHARMACEUTICALS INC
SEC File Number	000-19125
	2855 GAZELLE COURT
	CARLSBAD
Address of Issuer	CALIFORNIA
	92010
Phone	7609319200
Name of Person for Whose Account the Securities are To Be Sold	Monia Brett P
See the definition of "nerson" in paragraph (a) of Rule 1/1 Information	is to be given not only as to the person for who

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Officer

Director

Relationship to Issuer Relationship to Issuer

#### 144/A: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value		Approximate Date of Sale	Name the Securities Exchange
COMMON STOCK	INSIGHT SECURITIES, INC. 600 CENTRAL STE 293 HIGHLAND PARK IL 60035	2285	118249.00	143100000	01/25/2024	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

# 144/A: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired	Is this a Gift?	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
COMMON STOCK	01/16/2024	COMPENSATION	IONIS PHARMACEUTICALS, INC.			2285	01/16/2024	COMPENSATION

\* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

# 144/A: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of	mount of ecurities Sold	Gross Proceeds
BRETT MONIA				
2855 GAZELLE COURT	COMMON STOCK	12/14/2023 2400	00 1	1190018.00
CARLSBAD CA 92010				
BRETT MONIA				
2855 GAZELL COURT	COMMON STOCK	12/20/2023 6500	0 3	322643.00
CARLSBAD CA 92010				
BRETT MONIA				
2855 GAZELLE COURT	COMMON STOCK	12/21/2023 1750	00 8	862577.00
CARLSBAD CA 92010				
BRETT MONIA				
2855 GAZELLE COURT	COMMON STOCK	01/17/2024 3205	59 1	1620245.83
CARLSBAD CA 92010				

#### 144/A: Remarks and Signature

RemarksINSIGHT SECURITIES SOLD 2,285 SHARES OF IONIS PHARMACEUTICALS, INC. FOR<br/>BRETT MONIA ON 1/25/2024. FILED 144/4 TO CORRECT THE ACQUISITION DATE, THE<br/>DATE OF PAYMENT AND ADDED THE SALE ON 1/17/2024.Date of Notice02/01/2024Date of Plan Adoption or<br/>Giving of Instruction, If<br/>Relying on Rule 10b5-107/13/2023ATTENTION:07/13/2023

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date. Signature MICHAEL MAKULA

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)