FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| OMB APPRO | VAL | | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|--|
| OMB Number: | 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | | |
| hours per response: | 0.5 | | | | | | | |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| | | | | | _ | | | | | | | | | | | | | | | |
|---|---|--|--|---------------------|--------------------------------------|---|--------------------|--------------|---------------------------------------|------|------------------|--|---------------------------------------|---|---|--|---|--|--|--|
| 1. Name and Address of Reporting Person* O'NEIL PATRICK R. | | | | | | 2. Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [IONS] | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner | | | | | | |
| | | | | | | | [] | | | | | | | | Officer below) | (give title | | er (specify | | |
| (Last) (First) (Middle) | | | | | | Date of Earliest Transaction (Month/Day/Year) | | | | | | | | | , | w) below) P, Legal & General Couns | | , | | |
| C/O IONIS PHARMACEUTICALS, INC. | | | | | | 10/05/2017 | | | | | | | | | 5,1, | Legar or v | Jeneral Go | | | |
| 2855 GAZELLE COURT | | | | | | A If Amondment Date of Original Filed (Month/Date/Aran) | | | | | | | | 2 Indi | vidual or | loint/Croun | Filing (Chool | Applicable | | |
| (Street) | | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | 6. Individual or Joint/Group Filing (Check Applicable Line) | | | | | | |
| (Street) CARLSBAD CA 92010 | | | | | | | | | | | | | | X Form filed by One Reporting Person | | | | | | |
| | | | | | | | | | | | | | | | Form filed by More than One Reporting Person | | | | | |
| (City) | (S | tate) | (Zip) | | | | | | | | | | | | | | | | | |
| | | Tab | le I - No | n-Deriv | ative | e Se | curiti | es A | cquired, | Dis | posed (| of, or E | enefic | ially | Owned | t | | | | |
| 1. Title of Security (Instr. 3) 2. Trans Date (Month/I | | | | action Day/Year) | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | Code (Instr. | | | | | | | es ially Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | Ownership | | | |
| | | | | | | | | | Code | v | Amount | (A) (D) | or Pric | e | Reporte Transac (Instr. 3 | tion(s) | | (Instr. 4) | | |
| Common Stock | | | | 10/05 | 5/2017 | | 10/05/2017 | | 7 M ⁽¹⁾ | | 200(1 | 200 ⁽¹⁾ A | | 7.25 | | | D | | | |
| Common Stock | | | | 10/05 | 05/2017 | | 10/05/2017 | | 7 S ⁽¹⁾ | | 200(1 | l) I | \$ | 55 | 10,433 | | D | | | |
| Common Stock 10/ | | | | 10/05 | 5/2017 | | 10/05/2017 | | 7 M ⁽¹⁾ | | 800(1 | 1) / | \$10 | 0.82 | 11 | ,233 | D | | | |
| Common Stock 10/05/ | | | | 5/2017 | 2017 10/05/2017 | | 7 S ⁽¹⁾ | | 800(1 | I) I | \$ | 55 | 10 | ,433 | D | | | | | |
| | | Т | able II - | | | | | | | | | | | | wned | | | · | | |
| | | 1 | | | | call | <u> </u> | | s, optior | | | | | _ | | | . 1 | 1 | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deem Execution if any (Month/Da | Date, | 4. Transactio Code (Inst 8) | | | | 6. Date Ex Expiration (Month/Da | Date | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | | Di Si (li | Price of erivative ecurity 1str. 5) | 9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4) | Owners Form: Direct (I or Indire (I) (Instr | Beneficial Ownership ct (Instr. 4) | | |
| | | | | | Code | v | (A) | (D) | Date Exercisab | | xpiration ate | Title | Amour or Number of Shares | er | | | | | | |
| Employee Stock Option (right to buy) | \$7.25 | 10/05/2017 | 10/05/2 | 2017 | М | | | 200 | 01/03/201 | 6 0: | 1/02/2019 | Common Stock | 200 | | \$0 | 0 | D | | | |
| Employee Stock Option (right to | \$10.82 | 10/05/2017 | 10/05/2 | 2017 | M | | | 800 | 01/02/201 | 7 0: | 1/01/2020 | Commo | 800 | | \$0 | 2,700 | D | | | |

Explanation of Responses:

1. Acquired as a result of exercising a stock option pursuant to Rule 10b5-1 Trading Plan. The purchase and sale reported on this Form 4 was effective pursuant to Rule 10b5-1 Trading Plan adopted by the reporting person on 6/30/2017.

Remarks:

/s/Patrick R. O'Neil

10/05/2017

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

** Signature of Reporting Person Date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).