FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

ton, D.C. 20549	OMB APPROVAL

Check this box if no longer subject to						
Section 16. Form 4 or Form 5						
obligations may continue. See						
Instruction 1(b)						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OWB 74 1 140	V/ \L									
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

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1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [IONS]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
BERTHELSEN SPENCER R					[10.10]								X	Director			10% Ow	ner	
(Last)	•	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 07/01/2017								Officer (g below)	give title		Other (s below)	pecify	
2855 GA	ZELLE CO	OURT																	
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne)					
CARLSI	BAD C	A	92010										X		•		ting Person		
-														Form file	ed by More	e than (One Reporti	ng Person	
(City)	(S	state)	(Zip)																
		Т	able I - Non	-Deriv	ative S	Securit	ies Ad	cqu	ired,	Disp	osed of,	or Bene	ficially	Owned					
Date					action 2A. Deemed Execution Date, if any (Month/Day/Year)			∍,	Code (Instr.				Beneficially Owned Following		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
										v	Amount	nount (A) or (D)		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock 07/03				07/01	07/01/2017			7	M ⁽¹⁾		2,469 ⁽¹⁾ A		\$ <mark>0</mark>	91,4	91,427		D		
Common Stock													70(6)				By daughter		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Conversion Date		3A. Deemed Execution Date if any (Month/Day/Yea	Cod	Transaction Code (Instr.		Derivative E		6. Date Exercisal Expiration Date (Month/Day/Year		of Securities		es J Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transact	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)	
				Code	e V	(A)	(D)	Dat Exe	te ercisabl		Expiration Date	Title	Amount or Number of Shares		(Instr. 4)				
Restricted Stock Units	(2)	07/01/2017	07/01/2017	М			2,469		(3)		(3)	Common Stock	2,469	\$0	3,99	9	D		
Restricted Stock Units	(2)	07/03/2017	07/03/2017	A		2,667			(4)		(4)	Common Stock	2,667	\$0	2,667		D		
Director Stock Option (right to	\$52.22	07/03/2017	07/03/2017	A		16,000		07/0	03/2018	(5)	07/02/2027 ⁽⁵⁾	Common Stock	16,000	\$0	16,00	00	D		

Explanation of Responses:

- 1. Acquired pursuant to vesting and release of shares pursuant to Restricted Stock Unit awards.
- 2. Each Restricted Stock Unit represents a contingent right to receive one share of Ionis common stock, or its equivalent cash value.
- 3. Restricted Stock Units vest in four equal annual installments. Upon vesting, the restricted stock units will be paid out in whole shares of Ionis common stock or cash as may be determined by the Company.
- 4. Grant of July 3, 2017 to reporting person of Restricted Stock Unit Award under the Ionis Pharmaceuticals, Inc. Amended and Restated 2002 Non-Employee Directors' Stock Option Plan. Restricted Stock Units vest in four equal annual installments, the first installment vesting on July 3, 2018. Upon vesting, the restricted stock units will be paid out in whole shares of Ionis common stock or cash as may be determined by the Company. The RSU shall be fully vested on July 3, 2021. The RSU is vested as to 0 shares on July 3, 2017.
- 5. Grant of July 3, 2017 to reporting person of stock options under the Ionis Pharmaceuticals, Inc. Amended & Restated 2002 Non-Employee Directors' Stock Option Plan. The option vests and becomes exercisable in four equal annual installments, the first installment vesting on July 3, 2018. The option shall be fully vested and exercisable on July 3, 2021. The stock option was exercisable as to 0 shares on July 3, 2017.
- 6. The reporting person disclaims beneficial ownership of all securities held by his daughter, and this report should not be deemed an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.

Remarks:

/s/B. Lynne Parshall, Attorney-

07/03/2017

<u>In-Fact</u>** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.