## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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1. Name and Addre	1 0	erson*	2. Issuer Name <b>and</b> Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [ IONS ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
CROOKE ST	IANLEY I			X	Director	10% Owner		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	x	Officer (give title below)	Other (specify below)		
C/O IONIS PHARMACEUTICALS, INC.			01/15/2018	Chairman and CEO				
2855 GAZELL	E COURT							
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	vidual or Joint/Group Filir	g (Check Applicable		
CARLSBAD	CA	92010		X	Form filed by One Rep	oorting Person		
			—]		Form filed by More that Person	an One Reporting		
(City)	(State)	(Zip)		1				

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)
Common Stock	01/15/2018	01/15/2018	<b>M</b> <sup>(1)</sup>		29,612(1)	A	\$0	67,626	D	
Common Stock	01/15/2018	01/15/2018	<b>S</b> <sup>(2)</sup>		15,893(2)	D	\$51.76	51,733	D	
Common Stock	01/15/2018	01/15/2018	<b>M</b> <sup>(1)</sup>		1,722 <sup>(1)</sup>	A	\$ <mark>0</mark>	4,784	I	By wife
Common Stock	01/15/2018	01/15/2018	<b>S</b> <sup>(2)</sup>		656 <sup>(2)</sup>	D	\$51.76 <sup>(3)</sup>	4,128	Ι	By wife
Common Stock								725,391	I	By trust

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		5. Numb Derivati Securiti Acquire Dispose (D) (Inst and 5)	ve es d (A) or ed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Restricted Stock Units	(4)(5)	01/15/2018	01/15/2018	А		35,149		(6)	(6)	Common Stock	35,149	\$0	35,149	D	
Restricted Stock Units	(5)(7)	01/15/2018	01/15/2018	Α		3,911		(6)	(6)	Common Stock	3,911	\$0	3,911	I	By wife
Restricted Stock Units	(5)	01/15/2018	01/15/2018	М			29,612	(6)	(6)	Common Stock	29,612	\$0	43,515	D	
Restricted Stock Units	(5)	01/15/2018	01/15/2018	М			1,722	(6)	(6)	Common Stock	1,722	\$0	3,047	I	By wife

#### Explanation of Responses:

1. Acquired pursuant to vesting and release of shares pursuant to Restricted Stock Unit awards.

2. The sale was made pursuant to an automatic sale to cover the required tax withholding obligations pursuant to the 2011 Equity Incentive Plan Restricted Stock Unit Agreement and Grant Notice.

3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$51.759 to \$51.768, inclusive. The reporting person undertakes to provide to Ionis Pharmaceuticals, Inc., any security holder of Ionis Pharmaceuticals, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (3) on this Form 4.

4. Grant to reporting person of Restricted Stock Units under the Ionis Pharmaceuticals, Inc. 2011 Equity Incentive Plan.

5. Each Restricted Stock Unit represents a contingent right to receive one share of Ionis common stock, or its equivalent cash value.

6. Restricted Stock Units vest in four equal annual installments. Upon vesting, the restricted stock units will be paid out in whole shares of Ionis common stock or cash as may be determined by the Company.

7. Grant to reporting person's wife of Restricted Stock Units under the Ionis Pharmaceuticals, Inc. 2011 Equity Incentive Plan.

**Remarks:** 

<u>/s/B. Lynne Parshall, attorney-</u> <u>in-fact</u>

\*\* Signature of Reporting Person

Date

01/17/2018

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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