FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Geary Richard S					2. Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [IONS]							[Ch	eck all applic Directo Officer	r 10% Ow (give title Other (sp			ner
	•	irst) IACEUTICALS DURT	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/15/2019								below)	SVP, Development			
(Street) CARLSBAD CA 92010 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)							dividual or Joint/Group Filing (Check Applicable) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Ta	ble I - Non	-Derivat	tive S	ecuritie	es Aco	uired,	Dis	posed of	, or Ben	eficiall	v Owned				
1. Title of Security (Instr. 3) 2. Tran			2. Transact	tion	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A)		i (A) or	5. Amour Securitie Beneficia Owned F	s illy ollowing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	tion(s)				
Common Stock 01/15/				01/15/2	/2019 01/15/2019		M ⁽¹⁾		8,085(1)) A	\$0	24,	,942		D		
Common Stock 01/15/				01/15/2	/2019 01/15/2019		F ⁽²⁾		2,908(2)) D	\$58.2	\$58.26 22			D		
			Table II - [osed of, onvertib			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date Exe (Month/Day/Year) if a	3A. Deemed Execution Da if any (Month/Day/Y	Code	saction e (Instr.	Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		te	7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficial Owned Following Reported	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)
				Code	e V	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares		Transaction(s (Instr. 4)	on(s)		
Restricted Stock Units	(3)(4)	01/15/2019	01/15/201	9 A		25,730		(5)		(5)	Common Stock	25,730	\$0	25,730	0	D	
Restricted Stock	(4)	01/15/2019	01/15/201	9 M			8,085	(5)		(5)	Common	8,085	\$0	15,04	8	D	

Explanation of Responses:

- 1. Acquired pursuant to vesting and release of shares pursuant to Restricted Stock Unit awards.
- 2. Shares withheld to cover the required tax withholding obligations pursuant to the 2011 Equity Incentive Plan Restricted Stock Unit Agreement and Grant Notice.
- 3. Grant to reporting person of Restricted Stock Units under the Ionis Pharmaceuticals, Inc. 2011 Equity Incentive Plan.
- 4. Each Restricted Stock Unit represents a contingent right to receive one share of Ionis common stock, or its equivalent cash value.
- 5. Restricted Stock Units vest in four equal annual installments. Upon vesting, the restricted stock units will be paid out in whole shares of Ionis common stock or cash as may be determined by the Company.

Remarks:

<u>/s/Patrick R. O'Neil</u> <u>01/17/2019</u>

** Signature of Reporting Person Da

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.