FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGE	S IN BENEFI	CIAL OWI	<b>NERSHIP</b>

OMB APPROVAL											
OMB Number:	3235-0287										
Estimated average	burden										
hours ner resnonse	. 05										

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*  Poils of Reporting Person*															5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Reikes Peter N				1											X Direct	or		10% O	wner		
(Last)						3. Date of Earliest Transaction (Month/Day/Year) 07/15/2021									$\dashv$	Officer (give title Other (sper below) below)				specify	
2855 GAZELLE COURT					077	10/2	.021								_						
(Street)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
CARLSBAD CA 92010																X Form filed by One Reporting Person  Form filed by More than One Reporting					
(City)	(S	tate) (	(Zip)			Person										rung					
		Tab	le I - Nor	n-Deriv	ative	Se	curit	ies Ac	qu	ired, I	Disp	osed c	of, or	Bene	eficia	lly Owne	d				
1. Title of Security (Instr. 3)  2. Trans Date (Month/						execution 2A. Deemed Execution Date, if any (Month/Day/Year)		,	Transaction Disposed Code (Instr. 5)		rities Acquired (A) o ed Of (D) (Instr. 3, 4			Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect g (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
										Code	v	Amount (A) or (D)		Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock 07/15					5/2021	2021 07/15/2021			<b>M</b> <sup>(1)</sup>		5,333 <sup>(1)</sup> A		Α	\$0.0	) 10	10,667		D			
Common	Stock			07/1	5/2021	1	07/1	5/2021		M <sup>(1)</sup>		1,778	(1)	Α	\$0.0	) 12	,445	D			
		Т								,		sed of onverti	,			y Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,		Transaction Code (Instr.		5. Number of		6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Dat Exe	te ercisabl		xpiration ate	Title	0 N 0	umber						
Restricted Stock Unit	\$0.0 <sup>(2)</sup>	07/15/2021	07/22/2	2021	M			5,333		(3)		(3)	Comn		5,333	\$0.0	14,219	9	D		
Restricted Stock Unit	\$0.0 <sup>(2)</sup>	07/15/2021	07/15/2	2021	M			1,778		(4)		(4)	Comn		1,778	\$0.0	12,44	1	D		

## **Explanation of Responses:**

- 1. Acquired pursuant to vesting and release of shares pursuant to a Restricted Stock Unit Award.
- 2. Each Restricted Stock Unit represents a contingent right to receive one share of Ionis common stock, or its equivalent cash value.
- 3. Restricted Stock Units vest 100% on either the first anniversary of the date of grant or the next regularly scheduled annual meeting of stockholders of the Company, whichever occurs earlier, and are delivered to the reporting person on the July 15th following the vesting date. Upon vesting, the Restricted Stock Units will be paid in whole shares of Ionis common stock or cash as may be determined by the
- 4. Restricted Stock Units vest in four equal annual installments and are delivered to the reporting person on the July 15th following the vesting date. Upon vesting, the Restricted Stock Units will be paid in whole shares of Ionis common stock or cash as may be determined by the Company.

By: Patrick R. O'Neil, attorney-07/19/2021 in-fact For: Peter N. Reikes

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.