FORM 4

Washington, D.C. 20549

NITED STATES SECURITIES AND EXCHANGE COMMIS	SION
---	------

OMB APPROVAL

OMB Number:	3235-0287
Estimated average but	rden
hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* YANG MICHAEL J.						2. Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC IONS										ck all appliced Director	cable) or	g Person(s) to Issuer 10% Owner Other (specifi		vner
(Last) (First) (Middle) 2855 GAZELLE COURT							3. Date of Earliest Transaction (Month/Day/Year) 01/15/2025										(give title		below)	specify
(Street)			92010		4. l	4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(S	tate)	(Zip)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						Execution Date,			e, T	Transaction Disposed Code (Instr. 5)			ities Acquired (A) or d Of (D) (Instr. 3, 4 and			5. Amou Securitie Benefici Owned F Reporte	s Form		n: Direct r Indirect sstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
						c	Code		Amount	(A) (D)	or	Price	Transaction(s) (Instr. 3 and 4)				(111341. 4)			
Common Stock 01/15/							2025			M ⁽¹⁾		1,931	,931 ⁽¹⁾ A		\$0.0	1,931			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	Date,		ransaction ode (Instr.		of I		5. Date Exercisa Expiration Date Month/Day/Year			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exerc	e rcisable		xpiration ate	Title	OI N	lumber					
Restricted Stock Unit	\$0.0 ⁽²⁾	01/15/2025			M			1,931	01/15	5/2025 ⁽³⁾		(3)	Common Stock	1	1,931	\$0.0	7,939		D	

Explanation of Responses:

- 1. Acquired pursuant to vesting and release of shares in accordance with a Restricted Stock Unit award.
- 2. Each Restricted Stock Unit represents a contingent right to receive one share of Ionis common stock, or its equivalent cash value.
- 3. Restricted Stock Units vest in three equal annual installments. Upon vesting, the restricted stock units will be paid out in whole shares of Ionis common stock or cash as may be determined by the Company.

By: Patrick R. O'Neil, attorneyin-fact For: Michael J. Yang

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.