SEC For	m 4																		
	FORM	4	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See					AT OF CHANGES IN BENEFICIAL OWNE d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									6HIP	OMB Estim	Numbe ated av		3235-0287	
1. Name and Address of Reporting Person [*] O'NEIL PATRICK R.					2. Issuer Name and Ticker or Trading Symbol <u>IONIS PHARMACEUTICALS INC</u> [IONS]								<mark>8</mark>] (Ch	eck all applic Directo	able)	,		ier /ner pecify	
(Last) (First) (Middle) C/O IONIS PHARMACEUTICALS, INC. 2855 GAZELLE CT.						3. Date of Earliest Transaction (Month/Day/Year)									below) VP & General Counsel				
(Street) CARLSBAD, CA 9201 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Indivi Line) X							e) X Form fi Form fi	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person						
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transz Date (Month/D					action 2A. Deemed Execution Date,				Code (Instr. 5)			ies Acquire	d (A) or	(A) or 3, 4 and Owned Fo		Form (D) or	: Direct I r Indirect I str. 4) (7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D) Pri		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
			Table II - D (e						quired, D s, option					Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	Co		ction Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exe Expiration (Month/Day		7. Title and of Securit Underlyin Derivative (Instr. 3 ar	es g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)		
				Co	ode	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amount or Number of Shares						
Employee Stock Option (right to	\$56.78	01/04/2021	01/04/202	1 4	A		58,203		01/04/2022	2(1)	01/03/2028	Common Stock	58,203	\$0.0	58,20)3	D		

Explanation of Responses:

1. Grant on 01/04/2021 to reporting person of stock options under the Ionis Pharmaceuticals, Inc. Amended and Restated 2011 Equity Incentive Plan. Following this transaction, the option was exercisable as to 0 shares on 01/04/2021. 25% of the shares subject to the option will vest and become exercisable on 01/04/2022. Thereafter, the remaining shares subject to the option will vest and become exercisable in 36 equal monthly installments over the next 3 years.

Remarks:

buy)

/s/Patrick R. O'Neil

01/06/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.