FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Swayze Eric						2. Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [IONS]										all app	licable)	g Person(s) to I 10% C Other		
(Last) (First) (Middle) 2855 GAZELLE COURT						3. Date of Earliest Transaction (Month/Day/Year) 02/03/2023									Λ	below	EVP R	lesear	below)	
(Street) CARLSI (City)	CARLSBAD CA 92010					4. If Amendment, Date of Original Filed (Month/Day/Year)									. Indivine)	Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye:					ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		` c	ransa Code (action (Instr.	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar				5. Amount Securities Beneficial		ties cially d Following		: Direct ect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								c	Code	v	Amo		(A) or (D)	Price		Transa	nsaction(s) etr. 3 and 4)		,	(111541. 4)
Common Stock 02/03/20					3				A		3,7	715 ⁽¹⁾	A	\$0.0)	33,756			D	
Common	Common Stock 02/06/20				3				S		1,	,815	D	\$40.788	86(2)	31,941			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	ution Date,	4. Transa Code 8)		5. Num of Deriving Securing Acquing (A) or Disposof (D) (Instr. and 5	rities ired osed	Exp	Date Expiration	n Date		Amo Secu Unde Deriv Secu	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		rice of vative urity tr. 5)		Owners Form: Direct (I or Indire (I) (Instr	Ownership	Beneficial Ownership ct (Instr. 4)
					Code	Code V (A) (D			Date) Exercisal			Expiration Date	Title	Number of						

Explanation of Responses:

By: Patrick R. O'Neil. attorney-in-fact For: Eric

02/07/2023

Swayze

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} Represents shares earned upon the vesting of performance-based restricted stock units ("PRSUs") for the first performance period of the grant to the reporting person reported on January 19, 2022. The Compensation Committee certified achievement of the pre-established performance goal based on the Issuer's relative total shareholder return as compared to a peer group of companies at a level resulting in a vest of 150% of target shares. As reported at grant, the PRSUs could result in a payout of 0% to 150% based on actual achievement of the goal.

^{2.} The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$40.52 to \$40.90 inclusive. The reporting person undertakes to provide to Ionis Pharmaceuticals, Inc. any security holder of Ionis Pharmaceuticals, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (2) on this Form 4.