FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP

OMB APPROVAL		
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

2. Issuer Name and Ticker or Trading Symbol 5. Relationship of Reporting Person(s) to Issuer 1. Name and Address of Reporting Person* (Check all applicable) IONIS PHARMACEUTICALS INC [IONS] **Geary Richard S** Director 10% Owner Officer (give title Other (specify below) below) 3. Date of Earliest Transaction (Month/Day/Year) (Last) (First) (Middle) EVP, Development 01/04/2021 C/O IONIS PHARMACEUTICALS, INC. 2855 GAZELLE CT. 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) (Street) Form filed by One Reporting Person 92010 CARLSBAD, CA Form filed by More than One Reporting (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5. Amount of 6. Ownership Form: Direct 7. Nature of Transaction **Execution Date** Securities Indirect if any (Month/Day/Year) (D) or Indirect (I) (Instr. 4) Beneficial (Month/Dav/Year) Code (Instr. 5) Beneficially 8) Ownership (Instr. 4) Reported (A) or (D) Transaction(s) Price Code Amount (Instr. 3 and 4) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 2. Conversion 3. Transaction 3A. Deemed Execution Date 6. Date Exercisable and 9. Number of 5. Number 7. Title and Amount 8. Price of 11. Nature Transaction of Securities Underlying Derivative Security (Instr. 3 and 4) Derivative Security (Instr. 5) Ownership of Indirect Derivative Expiration Date (Month/Day/Year) derivative (Month/Dav/Year) Derivative Security or Exercise if anv Code (Instr. Securities Form: Beneficial Securities
Acquired
(A) or
Disposed
of (D) (Instr.
3, 4 and 5) Price of Derivative Beneficially Owned Direct (D) or Indirect (Instr. 3) (Month/Day/Year) 8) (Instr. 4) Security Following (I) (Instr. 4) Reported Transaction(s) (Instr. 4) Amount Number Date Expiration ν (A) (D) Exercisable Title Shares Code Employee Stock Option \$56.78 01/04/2021 01/04/2021 51,107 01/04/2022(1) 01/03/2028 51,107 \$0.0 51,107 D (right to

Explanation of Responses:

1. Grant on 01/04/2021 to reporting person of stock options under the Ionis Pharmaceuticals, Inc. Amended and Restated 2011 Equity Incentive Plan. Following this transaction, the option was exercisable as to 0 shares on 01/04/2021. 25% of the shares subject to the option will vest and become exercisable on 01/04/2022. Thereafter, the remaining shares subject to the option will vest and become exercisable in 36 equal monthly installments over the next 3 years.

Remarks:

/s/Patrick R. O'Neil, attorneyin-fact

** Signature of Reporting Person

Date

01/06/2021

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.