FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
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	Check this box if no longer subject to
١	Section 16. Form 4 or Form 5
)	obligations may continue. See
	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Monia Brett P							2. Issuer Name <b>and</b> Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [ IONS									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
					]										Offic belov	er (give title Other (sp		er (specify			
(Last) (First) (Middle) C/O IONIS PHARMACEUTICALS, INC. 2855 GAZELLE COURT							3. Date of Earliest Transaction (Month/Day/Year) 07/01/2017										SVP, Antisense Drug Discovery				
(Street) CARLSBAD CA 92010						4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									dividual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person					
(City)		State)	(2	Zip)			Form filed by More than One Repo Person											reporting			
			Table	e I - No	on-Deriv	ative	Sec	uritie	s Ac	quirec	l, Di	sposed o	f, or B	enefic	ially	Owne	ed				
1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day						Exe if a	2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securitie Transaction Code (Instr. 8)				and 5) Se Be		ount of ities icially d Following	6. Ownershi Form: Direc (D) or Indire (I) (Instr. 4)	of Indirect Beneficial Ownership				
										Code	v	Amount	(A) or (D)	Price			action(s) 3 and 4)		(Instr. 4)		
Common Stock 07/01/						017 07/03		7/01/2017		J <sup>(1)</sup>	V	163(1)	A	\$40.	3555		1,935	D			
Common Stock 07/03/					07/03/2	017 07/03/201		017	S <sup>(2)</sup>		309(2)	D	\$51	1.35		1,626	D				
			Та	ble II -								osed of, convertib				vned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercis Price of Derivative Security	on Date Execution Date, if any (Month/Day/Year)			4. Transa Code (I 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amoun or Numbe of Title		int er		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	OwnersI Form: Direct (Dor Indire (I) (Instr.	Beneficial Ownership ct (Instr. 4)			

## Explanation of Responses:

- 1. Reporting 163 shares acquired under the Ionis Pharmaceuticals, Inc. Amended and Restated 2000 Employee Stock Purchase Plan on July 1, 2017. These 163 shares may not be sold until January 2, 2018.
- 2. The sale reported on this Form 4 was effective pursuant to a Rule 10b5-1 Trading Plan adopted by the reporting person on 7/1/2014.

## Remarks:

/s/B. Lynne Parshall, attorneyin-fact 07/03/2017

\*\* Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$ 

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.