Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OMB APPROVAL

OMB Number:	3235-0287
Estimated average burg	den
hours per response:	0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or Sect	ion 30(h) of the l	nvestme	nt Con	npany Act o	of 1940	0			<u>.</u>			
1. Name and Address of Reporting Person [*] Schneider Eugene					2. Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [IONS]								ck all applic Director	tionship of Reporting Person(s) to Iss all applicable) Director 10% Ov Officer (give title Other (s below) below) EVP, Chf Clinical Develop Of			wner
(Last) (First) (Middle) 2855 GAZELLE COURT					3. Date of Earliest Transaction (Month/Day/Year) 01/15/2023						- >	below)					
(Street) CARLSBAD CA 92010					4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(Sta	ite) (2	Zip)														
		Tab	le I - Nor	n-Deriv	vative Se	curities Acc	quired,	Disp	posed of	f, or	Bene	ficially	/ Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/E				Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Disposed Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3, 4		A) or 5, 4 and	Securities Beneficia Owned Fe	5. Amount of Securities Beneficially Owned Following		Direct Indirect Estr. 4)	7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount	() (I	A) or D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemo Execution if any (Month/Da	Date,	4. Transaction Code (Instr 8)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

\$<mark>0 0</mark>

\$0.0⁽⁴⁾

Performance Restricted

Stock

Stoc

Unit⁽³⁾

Units⁽¹⁾ Restricted

1. Grant to reporting person of Performance Restricted Stock Units under the Ionis Pharmaceuticals, Inc. Amended and Restated 2011 Equity Incentive Plan.

v

Code

Α

A

(A)

14 338

17,207

2. Represents an award of performance based restricted stock units ("PRSUs"). The PRSUs may vest at the end of the three-year performance period following the date of grant based on the Issuer's relative total shareholder return as compared to a peer group of companies. The number of PRSUs reported represents the maximum that may be earned, which is 200% of the target number. No number of PRSUs is guaranteed to vest and the actual number of PRSUs that will vest at the end of the performance period may be anywhere from zero to the amount stated.

Date

Exercisable

(2)

(5)

(D)

3. Grant to reporting person of Restricted Stock Units under the Ionis Pharmaceuticals, Inc. Amended and Restated 2011 Equity Incentive Plan.

4. Each Restricted Stock Unit represents a contingent right to receive one share of Ionis common stock, or its equivalent cash value.

5. Restricted Stock Units vest in four equal annual installments. Upon vesting, the restricted stock units will be paid out in whole shares of Ionis common stock or cash as may be determined by the Company.

By: Patrick R. O'Neil, attorneyin-fact For: Eugene Schneider 01/18/2023

** Signature of Reporting Person Date

Amount or Number

Shares

14,338

17,207

\$0 O

\$<mark>0 0</mark>

26.437

53,116

D

D

of

Expiration Date

(2)

(5)

Title

Commo

Stock

Commor

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

01/15/2023

01/15/2023

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.