FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	
-------------	------------	--

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPE	ROVAL							
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

						(.,			1) .									
1. Name and Address of Reporting Person* WENDER JOSEPH H					2. Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [IONS									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
					. []											10% Owne			
(Last) 2855 GAZELLE	` ,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 07/15/2021								below	er (give title v)		Other (s below)	specify			
(0)				4. If	Ame	endme	nt, Date	of Origina	l Filed	l (Month/D	ay/Year)		ndividual or	Joint/Group	p Filing	(Check Ap	plicable		
(Street) CARLSBAD	CA	92010												Line) X Form filed by One Reporting Person					
(City)	(State)	(Zip)											Form Perso	filed by Mo n	re than	One Repo	rting		
	Tab	le I - No	n-Deriv	/ative	Se	curit	ies Ac	guired	, Dis	posed (of, or B	eneficia	lly Owne	d					
1. Title of Security (Instr. 3)		2. Trans	saction // // // // // // // // // // // // //		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,		red (A) or	5. Amou Securiti Benefic Owned	unt of es ially Following	Form:	Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) (D)	or Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)		
Common Stock			07/15/2021		1	07/1	5/2021	. M ⁽¹⁾		5,333	S ⁽¹⁾ A	\$0.	0 93	,638	I		by Trust		
Common Stock			07/1	5/2021	1	07/1	5/2021	. M ⁽¹⁾		889(1) A	\$0.	94	94,527		I	by Trust		
Common Stock	k		07/15/2021		1	07/1	5/2021	. M ⁽¹⁾		666 ⁽	1) A	\$0.	0 95	95,193		I	by Trust		
Common Stock			07/1	5/2021	/2021 07/15/20		5/2021	. M ⁽¹⁾		1,778	S ⁽¹⁾ A	\$0.	96	96,971		I			
	7	Гable II -	Deriva	tive S	Sec call	uritie s, wa	s Acq	uired, I s, optio	Disp ns, o	osed of	, or Be	neficiall urities)	y Owned						
Security or Exercise (Instr. 3) Price of	2. Conversion Or Exercise Price of Derivative 3. Transaction Date Execution if any (Month/Day/Year) (Month/Day		Date,	d 4. Date, Transaction Code (Inst		5. Number 6		6. Date Exercisa Expiration Date (Month/Day/Year		able and 7. Title and Amount of		of s ng e Security	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e (s l ally l g (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficia Ownersh (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares							
Restricted Stock Unit \$0.0 ⁽²⁾	07/15/2021	07/15/2	2021	M			5,333	(3)		(3)	Common	5,333	\$0.0)8	D			
Restricted Stock Unit \$0.0 ⁽²⁾	07/15/2021	07/15/2	2021	М			889	(4)	\top	(4)	Common	889	\$0.0	12,21	.9	D			
Restricted Stock Unit \$0.0 ⁽²⁾	07/15/2021	07/15/2	2021	М			666	(4)	\top	(4)	Common	666	\$0.0	11,55	53	D			
Restricted \$0.0 ⁽²⁾	07/15/2021	07/15/2	07/15/2021			\top	1,778	(4)	(4)		(4) Common Stock 1,7		\$0.0	9,775		D			

Explanation of Responses:

- 1. Acquired pursuant to vesting and release of shares pursuant to a Restricted Stock Unit Award.
- 2. Each Restricted Stock Unit represents a contingent right to receive one share of Ionis common stock, or its equivalent cash value.
- 3. Restricted Stock Units vest 100% on either the first anniversary of the date of grant or the next regularly scheduled annual meeting of stockholders of the Company, whichever occurs earlier, and are delivered to the reporting person on the July 15th following the vesting date. Upon vesting, the Restricted Stock Units will be paid in whole shares of Ionis common stock or cash as may be determined by the
- 4. Restricted Stock Units vest in four equal annual installments and are delivered to the reporting person on the July 15th following the vesting date. Upon vesting, the Restricted Stock Units will be paid in whole shares of Ionis common stock or cash as may be determined by the Company.

By: Patrick R. O'Neil, attorneyin-fact For: Joseph H. Wender

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.