FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CROOKE STANLEY T (Last) (First) (Middle) C/O IONIS PHARMACEUTICALS, INC.						Issuer Name and Ticker or Trading Symbol IONIS PHARMACEUTICALS INC [IONS] 3. Date of Earliest Transaction (Month/Day/Year) 01/21/2021								Officer (give title			10% Owner Other (specify below)	
2855 GAZELLE COURT (Street) CARLSBAD, CA 92010 (City) (State) (Zip)					4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indiv Line)	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
				lon-Deriva	tive	Secui	ities A	cauir	ed. D	Disposed o	of. or E	Benefi	cially	Own	ed			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					n	2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 au				5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
								Code	v	Amount	(A) or (D)	Price		Report Transa (Instr.	ted action(s) 3 and 4)			(Instr. 4)
Common Stock 01				01/21/202	21 01/21		/2021	S		13,958(1)	D	\$60	.53 ⁽²⁾	55	55,433		I	By trust
Common Stock 01/21/20					21	01/21	/2021	S		21,042(1)	D	\$61	.65 ⁽³⁾	53	34,391		I	By trust
Common Stock 01/22/202					21	01/22/2021		S		40,000(1)	D	\$ 6 1.	675 ⁽⁴⁾	49	494,391		I	By trust
Common Stock														3	0,354		D	
Common Stock													3,111		I		By wife	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exe if an			saction e (Instr.	5. Numbo of Derivativ Securitie Acquired (A) or Disposed of (D) (Instr. 3, and 5)	Expe e (Moss	oiratior onth/Da	ay/Year)	Amou Secur Unde Deriv Secur 3 and	7. Title and Amount of Securities Underlying Derivative Security (Insti 3 and 4) Amount or Number of Shares		Price of ivative urity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

- 1. Shares sold pursuant to a Rule 10b5-1 Trading Plan adopted by the reporting person on January 2, 2020.
- 2. The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.20 to \$61.00, inclusive. The reporting person undertakes to provide to Ionis Pharmaceuticals, Inc., any security holder of Ionis Pharmaceuticals, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (2) of this Form 4.
- 3. The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$61.25 to \$62.15, inclusive. The reporting person undertakes to provide to Ionis Pharmaceuticals, Inc., any security holder of Ionis Pharmaceuticals, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (3) of this Form 4.
- 4. The price reported in column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$61.00 to \$62.00, inclusive. The reporting person undertakes to provide to Ionis Pharmaceuticals, Inc., any security holder of Ionis Pharmaceuticals, Inc. or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnote (4) of this Form 4.

Remarks:

/s/Patrick R. O'Neil, attorneyin-fact

01/25/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.